**SEMESTER II**

**CHAPTER 2**

**SAFETY AND FIRST AID**

1. **Short Answer Questions:**
2. How can we avoid accidents?

**Ans. We can avoid accidents by following safety rules.**

1. **Give first aid tips for cuts and wounds.**

**Ans. First aid tip for cut and wounds are -**

1. **Wash your hands before giving first aid.**
2. **Remove all the dirt from the wound.**
3. **Clean the skin with an antiseptic lotion.**
4. **Tie a bandage tightly around a deep cut to stop bleeding.**
5. **Anup and Aarti are alone at home. Anup finds his younger sister with a bleeding nose. Anup gives her first-aid immediately.**
6. **Give first aid tips for nose bleeding.**

**Ans. In case of nose bleeding-**

1. **Hold the nose for 7-8 minutes till the bleeding stop.**
2. **Put a cold wet towel on the face. It helps to stop bleeding.**
3. **What value is shown by Anup?**

 **Ans. Anup know the importance of first aid and he used his knowledge in case of nose bleeding.**

1. **Long Answer Questions:**
2. **What safety rules do you follow in the playground?**

**Ans. Safety rules to be followed in the playground are-**

1. **Do not push or hit each other while playing.**
2. **Do not play rough games.**
3. **Stay away from the swing when someone is using them.**
4. **What should we do when a person has fainted?**

**Ans. When a person has fainted, we should do following things-**

1. **Make him/her lie with head lower than the body.**
2. **Allow fresh air around the person.**
3. **Sprinkle cold water on his face.**
4. **Loosen his clothes.**
5. **Think and Answer -**
6. **If someone gets a minor burn, what should he do?**

**Ans. If someone gets a minor burn-**

1. **He should wash that area under cold running water and apply ice pack.**
2. **After few minutes, apply an antiseptic cream.**
3. **Krish goes to the kitchen for a glass of water. He senses a bad smell of some gas there and notices that the knob of the gas stove is open. What should he do immediately?**

**Ans. A. He should open the doors and windows to let the gas out.**

**B. Do not light matchstick or turn on electric switches.**

**D. Match It-**

**1. Insect bite baking soda**

**2. Zebra crossing black and white strips**

**3. Safety rules avoid accidents**

**4. Band aid minor cut**

**5. Nose bleeding wet towel**

**6. Immediate help first aid**

**7. Poisonous floor cleaner**